



Schedule of Classes

Monday			
6:45 a.m.	All Levels	5:30 p.m.	All Levels
9:30 a.m.	All Levels	7:15 p.m.	All Levels
11:30 a.m.	All Levels		
Tuesday			
6:00 a.m.	Intermediate	5:30 p.m.	All Levels
9:30 a.m.	All Levels	7:15 p.m.	All Levels
11:30 a.m.	All Levels		
Wednesday			
6:45 a.m.	All Levels	5:30 p.m.	All Levels
9:30 a.m.	All Levels	7:15 p.m.	All Levels
11:30 a.m.	All Levels		
Thursday			
6:00 a.m.	Intermediate	5:30 p.m.	All Levels
9:30 a.m.	All Levels	7:15 p.m.	All Levels
11:30 a.m.	All Levels		
Friday			
6:45 a.m.	All Levels	5:30 p.m.	All Levels
9:30 a.m.	All Levels		
11:30 a.m.	All Levels		
Saturday			
8:00 a.m.	All Levels		
10:00 a.m.	All Levels		
12:00 p.m.	Beginner/Basic		
Sunday			
8:00 a.m.	All Levels		
10:00 a.m.	All Levels		
12:00 p.m.	Beginner/Basic		

All classes are 1 hour long.

COVID-19 Protocols: As of 6/22/21 all restrictions have been lifted.

Effective Date: 1/1/22