



## Schedule of Classes

Monday			
6:00 a.m.	All Levels	5:30 p.m.	All Levels
9:30 a.m.	All Levels	6:45 p.m.	All Levels
11:00 a.m.	All Levels		
Tuesday			
6:00 a.m.	Intermediate	5:30 p.m.	All Levels
9:30 a.m.	All Levels	6:45 p.m.	All Levels
11:00 a.m.	All Levels		
Wednesday			
6:00 a.m.	All Levels	5:30 p.m.	All Levels
9:30 a.m.	All Levels	6:45 p.m.	All Levels
11:00 a.m.	All Levels		
Thursday			
6:00 a.m.	Intermediate	5:30 p.m.	All Levels
9:30 a.m.	All Levels	6:45 p.m.	All Levels
11:00 a.m.	All Levels		
Friday			
6:00 a.m.	All Levels	5:30 p.m.	All Levels
9:30 a.m.	All Levels		
11:00 a.m.	All Levels		
Saturday			
8:00 a.m.	All Levels		
9:30 a.m.	All Levels		
11:00 a.m.	Beginner		
Sunday			
8:00 a.m.	All Levels		
9:30 a.m.	All Levels		
11:00 a.m.	Beginner		

All classes are 1 hour long.

Effective Date: 12/08/25